

Date of match: 14 May 2005
 Venue: Grantham
 Competition: Lincs County Champs

The final column is the percentage of the Athletics Weekly standard for that age group

U13 F	100m	Hayley DONALD	16.0	88
U13 F	800m	Chelsea IRONMONGER	2:50.4	94
U15 F	800m	Sarah MARSHALL	2:55.7	84
U15 F	75m Hurdles	Sarah MARSHALL	15.2	84
U17 F	100m	Hannah MILLS	13.7	95
U17 F	100m	Stacey WORTH	13.9	94
U17 F	800m	Emily MOSS	2:31.3	96
U17 F	80m Hurdles	Emily MOSS	13.7	95
U17 F	300m Hurdles	Emily MOSS	51.0	98
U17 F	Discus	Stacey WORTH	29.58	110
U17 F	High Jump	Natalie GRIMMER	1.45	95
U17 F	Long Jump	Emily MOSS	4.93	103
U17 F	Long Jump	Stacey WORTH	4.75	99
U17 F	Long Jump	Natalie GRIMMER	3.95	82
U17 F	Shot	Stacey WORTH	7.73	86
U17 F	Triple Jump	Emily MOSS	10.63	118
U20 F	100m Hurdles	Anna LENTON	17.1	96
U20 F	High Jump	Anna LENTON	1.45	94
U20 F	Javelin	Anna LENTON	20.60	69
SEN F	100m	Julia WHITE	12.5	104
SEN F	200m	Julia WHITE	25.8	105
SEN F	400m	Julia MOORE	1:03.6	97
SEN F	400m Hurdles	Jodie FAVELL	1:08.9	102
SEN F	Javelin	Jodie FAVELL	36.21	121
SEN F	Long Jump	Julia WHITE	4.88	98
V35 F	Hammer	Charlie DONALD	15.95	64
V35 F	Shot	Charlie DONALD	6.00	71
U13 M	100m	Jake CLARE	14.2	95
U13 M	200m	Jake CLARE	30.0	93
U13 M	800m	James DAVIS	2:41.8	91
U13 M	800m	Robin PERRIN	3:10.9	78
U13 M	1500m	Matthew FIDO	6:15.0	81
U13 M	75m Hurdles	Robin PERRIN	17.6	83
U13 M	High Jump	Robin PERRIN	1.05	75
U13 M	Long Jump	Kyle ROGERS	3.82	87
U13 M	Long Jump	Robin PERRIN	3.1	142
U13 M	Shot	Jake CLARE	6.06	71
U13 M	Shot	Robin PERRIN	5.30	62
U15 M	100m	Jake MASON	12.7	97
U15 M	400m	Aston PERRIN	1:10.0	81
U15 M	800m	Mark TEBBS	2:20.8	94
U15 M	800m	Aston PERRIN	2:38.6	84
U15 M	1500m	Aston PERRIN	5:29.7	83
U15 M	3000m	Mark TEBBS	10:42.0	93
U15 M	3000m	Aston PERRIN	11:55.9	84
U15 M	80m Hurdles	Sean BAND	13.4	97
U15 M	80m Hurdles	James CARTWRIGHT	13.9	94

U15 M	80m Hurdles	Jake MASON	14.1	92
U15 M	80m Hurdles	Ryan SMITH	15.5	84
U15 M	4 X 100m	Relay TEAM	58.3	86
U15 M	4 X 400m	Relay TEAM	4:30.1	89
U15 M	Hammer	Sean BAND	35.57	108
U15 M	Hammer	Ryan SMITH	12.63	38
U15 M	High Jump	Jake MASON	1.60	100
U15 M	High Jump	James CARTWRIGHT	1.30	81
U15 M	High Jump	Aston PERRIN	1.25	78
U15 M	Long Jump	Jake MASON	5.43	99
U15 M	Pole Vault	Ryan SMITH	1.10	44
U15 M	Shot	Sean BAND	11.80	107
U15 M	Shot	Jake MASON	10.65	97
U15 M	Triple Jump	Jake MASON	10.82	94
U15 M	Triple Jump	Ryan SMITH	8.66	75
U17 M	100m	Leon PYCOCK	11.5	102
U17 M	200m	Leon PYCOCK	24.1	100
U17 M	200m	James BEXON	25.5	94
U17 M	200m	Alex TILLEY	26.5	91
U17 M	200m	Matthew HARNESS	28.7	84
U17 M	800m	Alex TILLEY	2:12.7	94
U17 M	800m	Ryan SMITH	2:17.0	91
U17 M	800m	Chris COOPER	2:31.1	83
U17 M	1500m	James MUNN	4:40.5	93
U17 M	3000m	James MUNN	9:47.3	97
U17 M	3000m	Dean FISHER	11:00.1	86
U17 M	3000m	Chris COOPER	11:03.4	86
U17 M	100m Hurdles	James BEXON	16.8	89
U17 M	100m Hurdles	Mark BRIDGES	17.0	88
U17 M	100m Hurdles	Matthew HARNESS	20.3	74
U17 M	4 X 100m	Relay TEAM	49.9	94
U17 M	4 X 400m	Relay TEAM	4:01.1	93
U17 M	4 X 400m	Relay TEAM	4:08.5	91
U17 M	Discus	Stuart SMITH	34.24	101
U17 M	Discus	Tom BRENNAN	26.95	79
U17 M	Hammer	Stuart SMITH	23.24	63
U17 M	Hammer	Tom BRENNAN	22.64	61
U17 M	High Jump	Adam CARTWRIGHT	1.73	99
U17 M	Javelin	Tom BRENNAN	28.60	64
U17 M	Javelin	Stuart SMITH	25.57	57
U17 M	Long Jump	Leon PYCOCK	5.59	93
U17 M	Long Jump	Mark BRIDGES	5.42	90
U17 M	Long Jump	James BEXON	6.0	100
U17 M	Shot	Stuart SMITH	12.86	107
U17 M	Shot	Tom BRENNAN	11.12	93
U17 M	Triple Jump	Alex TILLEY	11.13	89
U17 M	Triple Jump	Mark BRIDGES	10.99	88
U17 M	Triple Jump	Leon PYCOCK	10.92	87
U17 M	Triple Jump	Matthew HARNESS	10.13	81
U20 M	400m	Tom PITHIE	57.3	91
U20 M	110m Hurdles	John HARESIGN	17.0	97
U20 M	400m Hurdles	John HARESIGN	1:05.7	91
U20 M	High Jump	John HARESIGN	1.50	81
U20 M	Javelin	John HARESIGN	32.97	73
U20 M	Long Jump	John HARESIGN	5.51	88
SEN M	100m	Eberechi ESEONU	11.1	102
SEN M	200m	Eberechi ESEONU	23.3	99
SEN M	400m	Paul MILLER	55.4	92

SEN M	800m	Paul MILLER	2:03.2	97
SEN M	1500m	Paul MILLER	4:25.2	94
SEN M	1500m	Owen MSIMANGO	4:50.7	85
SEN M	5000m	Mathew WEST	18:49.3	88
SEN M	110m Hurdles	Mark BOWLER	15.7	102
SEN M	400m Hurdles	Mark BOWLER	59.7	97
SEN M	3000m S/c	Owen MSIMANGO	11:27.1	87
SEN M	High Jump	Karl WRIGHT	1.40	74
SEN M	Javelin	Karl WRIGHT	32.90	66
SEN M	Pole Vault	Karl WRIGHT	2.60	70
SEN M	Triple Jump	Paul MILLER	11.48	88

V40 M	5000m	Ivo RODRIGUES	15:53.9	107
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V45 M	Discus	Tim CREESE	33.03	110
V45 M	Hammer	Tim CREESE	30.82	96
V45 M	High Jump	Tim CREESE	1.30	87
V45 M	Javelin	Tim CREESE	43.13	123
V45 M	Pole Vault	Tim CREESE	2.40	96
V45 M	Shot	Tim CREESE	10.09	101

V50 M	Javelin	Steve LADDS	46.61	155
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Performances:124