

THE BOSTON 5 MILES ROAD RACE

19 JUNE 2005
OVERALL RESULTS

Position	Name		Time	Number	Cat &	Pos	AW	Stand	Club
1	Ivo	RODRIGUES	26.37	466	MV40	1	109		Boston & District AC
2	Shaun	NORTH	27.35	416	MSEN	1	102		Boston & District AC
3	Steve	BACON	28.38	451	MSEN	2	98		Congleton Harriers
4	Stuart	CRAGG	29.15	447	MSEN	3	96		Boston & District AC
5	Dean	HOULTON	29.38	413	MV40	2	98		Lincoln Wellington AC
6	Graham	KING	29.42	445	MV50	1	108		Bedford Harriers
7	William	TAYLER	30.33	455	MV40	3	95		Nene Valley Harriers
8	James	MUNN	31.36	452	MU17	1	0		Boston & District AC
9	Nick	BAKER	31.48	420	MV40	4	91		Unattached
10	Paul	GREEN	32.11	426	MV40	5	90		Boston & District AC
11	Andrew	HARTLEY	32.18	458	MV40	6	90		Louth AC
12	Sarah	WILLIAMS	32.26	403	FV35	1	108		Metropolitan Police
13	Chris	COOPER	32.36	463	MU17	2	0		Boston & District AC
14	Alex	TILLEY	33.10	440	MU17	3	0		Boston & District AC
15	Lindi	MARSON	33.27	454	FV45	1	111		Nene Valley Harriers
16	Ben	WINTER	33.37	450	MV40	7	86		Bourne Town Harriers
17	Edward	ENRIGHT	33.39	428	MV50	2	95		Boston & District AC
18	Lucinda	PITCHER	33.49	425	FSEN	1	103		Lincoln Wellington AC
19	Simon	CRAFT	34.08	401	MV40	8	85		Unattached
20	Gary	BOWEN	34.28	406	MV40	9	84		Unattached
21	Owen	MSIMANGO	34.44	258	MSEN	4	81		Boston & District AC
22	Linda	CARMICHAEL	35.10	449	FV35	2	100		Nene Valley Harriers
23	Steve	TWIGG	35.24	459	MV40	10	82		Boston & District AC
24	Alan	WHEELER	35.43	433	MSEN	5	78		Unattached
25	Stuart	RADFORD	36.00	414	MSEN	6	78		Unattached
26	Alan	BUCKBERRY	36.50	418	MV50	3	87		Sleaford Striders AC
27	Helen	SMITH	37.22	442	FV35	3	94		Unattached
28	Sharon	GALLICHAN	37.27	443	FV35	4	93		Boston & District AC
29	David	NICOL	38.05	421	MV40	11	76		Boston & District AC
30	Charlie	SLEDGE	38.32	417	FSEN	2	91		Unattached
31	Alison	MARVEL	38.57	461	FV35	5	90		Stamford Striders
32	Steve	HUBBARD	39.15	424	MSEN	7	71		Boston & District AC
33	Patrick	COTTON	40.20	439	MV40	12	72		Unattached
34	Wayne	BONTOFT	40.29	457	MSEN	8	69		Boston & District AC
35	Peter	FLINT	41.25	460	MV40	13	70		Boston & District AC
36	Andrew	STUBBS	41.46	410	MV40	14	69		Unattached
37	Robert	WHYLER	42.33	407	MV50	4	75		Boston & District AC
38	Gill	SLEAFORD	43.26	446	FV45	2	85		Boston & District AC
39	Michael	BARKER	44.02	438	MV60	1	77		Yaxley Runners
40	Peter	MOORE	44.46	422	MV50	5	71		Unattached
41	Charles	SILVESTER	45.39	432	MV50	6	70		Unattached
42	John	CROSS	45.43	453	MSEN	9	61		Unattached
43	Tony	THORNALLEY	46.21	257	MV40	15	63		Unattached
44	Phylly	WILSON	47.15	464	FV55	1	85		Wreake Runners
45	Justin	PARKER	47.46	423	MSEN	10	59		Unattached
46	Simon	ROBINSON	47.48	448	MV40	16	61		Unattached
47	Tyrone	DALBY	48.59	444	MV50	7	65		Eastern Vets AC
48	Alice	GRANT	51.01	436	FV35	6	69		Unattached
49	Jerome	WALLHEAD	52.51	415	MSEN	11	53		Unattached
50	Leanne	WARD	53.32	427	FSEN	3	65		Sleaford Striders AC
51	Trevor	SNELL	59.10	441	MV60	2	57		Unattached

The final column is the percentage of the Athletics Weekly standard for that age group
For the over 60s I have used V55s standards. For Vets where I do not know their age
group I have used V35 or V40 to calculate their standard but their age appears as VET.