

THE FRISKNEY HALF MARATHON

5 Mar 2006

OVERALL RESULTS

Position	Name		Time (mmm.ss)	Number	Cat &	Pos	AW	Stand	Club
1	Rob	KEAL	75.48	380	MSEN	1	106		Redhill Road Runners
2	Andrew	GOODAIR	77.56	421	MSEN	2	103		Askern District RC
3	Stuart	CRAGG	78.38	365	MSEN	3	102		Boston & District AC
4	Stephen	SHANKS	79.47	406	MSEN	4	100		Holme Pierrepont RC
5	Andrew	HOUGH	81.22	404	MV40	1	101		Ivanhoe Runners
6	Peter	ORME	82.02	289	MV40	2	100		Nottingham AC
7	Steve	MCCONNELL	82.12	423	MV40	3	100		Hartsholme Runners
8	Steve	KEMP	82.31	231	MV40	4	99		Southend AC
9	Arthur	SHORT	82.34	407	MV40	5	99		Grantham & Dist AC
10	Colin	RICHARDSON	82.51	409	MV40	6	99		Unattached
11	Matthew	KINGSTON	83.12	410	MSEN	5	96		Unattached
12	Sean	MATTHEWS	83.36	292	MSEN	6	96		Long Eaton RC
13	Mark	VARDEN	84.32	302	MV40	7	97		Unattached
14	Giles	HARRIS	84.57	353	MSEN	7	94		Goole Viking Striders
15	Darren	SPENCER	85.24	235	MSEN	8	94		Unattached
16	Jonathan	CRANNAGE	85.28	291	MSEN	9	94		Long Eaton RC
17	David	TILLEY	85.40	298	MSEN	10	93		Boston & District AC
18	Tony	JOHNSON	87.25	318	MV40	8	94		Ropsley Road Runners
19	Paul	ELLIOTT	87.48	340	MSEN	11	91		Unattached
20	Nick	BAKER	88.05	347	MV40	9	93		Unattached
21	Brian	FOX	88.10	384	MV40	10	93		Lincoln Wellington AC
22	Julia	BARLTROP	88.20	316	FSEN	1	113		Valley Striders
23	Joe	BROWN	88.35	332	MSEN	12	90		Unattached
24	Philip	WALTERS	88.36	383	MV40	11	93		Long Eaton RC
25	Paul	FREEMAN	88.50	382	MV40	12	92		Wolds Veteran Runners
26	Nick	MORLEY	89.05	363	MSEN	13	90		Unattached
27	Glenn	MOORE	89.12	415	MV40	13	92		Unattached
28	Mark	HORNSEY	89.56	333	MSEN	14	89		Unattached
29	Mike	SHELDON	89.57	378	MV40	14	91		Barrow Runners
30	Edward	CRISP	89.58	399	MSEN	15	89		Unattached
31	Rob	RAINSFORD	90.31	386	MV40	15	91		Heanor Running Club
32	Jim	EDWARDS	91.14	422	MV60	1	104		Hartsholme Runners
33	Duane	DAUGHARTY	91.45	359	MV40	16	89		Unattached
34	Trevor	HISCOX	92.20	424	MV40	17	89		Mansfield Harriers
35	Derrick	NOBLE	92.25	390	MV40	18	89		Cleethorpes & Dist AC
36	Peter	CROW	93.00	323	MV40	19	88		Louth AC
37	Robert	BUTLER	93.00	371	MSEN	16	86		Lincoln Wellington AC
38	Alan	WHEELER	93.05	327	MSEN	17	86		Unattached
39	Ian	BURNELL	93.14	401	MV40	20	88		Unattached
40	Janine	STONES	93.45	315	FV35	1	107		Louth AC
41	Edward	ENRIGHT	94.06	431	MV50	1	96		Lincoln & District
42	David	FINES	94.07	337	MSEN	18	85		Saxilby Road Runners
43	Andrew	BRADDOCK	95.15	419	MSEN	19	84		Unattached
44	Viv	CLEMENT	95.28	304	FV35	2	105		Unattached
45	Simon	CRAFT	95.38	343	MV40	21	86		Unattached
46	Ged	FORSTER	96.06	398	MV40	22	85		Unattached
47	Russell	WILKINSON	96.37	417	MV50	2	93		Heanor Running Club
48	Alistair	EDE	96.40	253	MSEN	20	83		Unattached
49	Gary	BOWEN	97.02	305	MV40	23	85		Unattached
50	Jo	CAMPION	97.06	361	FV35	3	103		Lincoln Wellington AC
51	Ian	MAIR	97.06	310	MV50	3	93		Lincoln Wellington AC
52	Anthony	FRASER	97.27	341	MV50	4	92		Unattached
53	Bryan	BYWORTH	97.39	373	MV60	2	97		Scunthorpe & District
54	Stuart	LAIDLAW	98.10	381	MV40	24	84		Hallamshire Harriers
55	Roger	HELLINS	98.36	322	MV50	5	91		Lakeside Lincoln
56	Darren	WESTON	98.49	348	MSEN	21	81		Daventry Running Club
57	Joanne	DIFFEY	98.58	405	FV35	4	101		Lakeside Lincoln
58	Steve	HUBBARD	99.05	379	MSEN	22	81		Boston & District AC
59	David	WRIGHT	99.20	392	MV40	25	83		Thorney Running Club
60	Adrian	COUKSEY	99.35	325	MV40	26	82		Unattached
61	Mark	WARNER	99.51	366	MSEN	23	80		Shelton Striders
62	Rene	MADSEN	99.51	354	MSEN	24	80		Unattached
63	David	DARTON	100.52	268	MV40	27	81		Knavesmire Harriers
64	Andy	BENTON	101.09	277	MV40	28	81		Ivanhoe Runners
65	Bernard	BURKE	101.32	299	MSEN	25	79		Unattached
66	Simon	WILKINSON	101.34	418	MSEN	26	79		Unattached
67	Zoe	ALLERY	101.50	311	FSEN	2	98		Ivanhoe Runners
68	Stephen	HAYES	102.02	412	MSEN	27	78		Unattached
69	Lea	COLIN	102.26	269	MV40	29	80		Knavesmire Harriers
70	Helen	MOORES	102.27	270	FSEN	3	98		Ivanhoe Runners

71	Emma	BENFIELD	103.32	370	FSEN	4	97	Louth AC
72	Andy	GILLIES	103.52	351	MV40	30	79	Unattached
73	Shaun	HAWLEY	103.54	329	MSEN	28	77	Unattached
74	Ian	BLACKMAN	103.58	328	MV40	31	79	Unattached
75	Stephen	SAMUEL	104.11	245	MSEN	29	77	Unattached
76	Sharon	GALLICHAN	104.20	344	FV35	5	96	Boston & District AC
77	Leigh	EVANS	104.41	330	MSEN	30	76	Unattached
78	Lynne	WALLIS	104.42	394	FV35	6	96	City Of Hull AC
79	Paul	HOLMES	104.59	296	MSEN	31	76	Long Eaton RC
80	Sarah	CRANNAGE	105.06	402	FSEN	5	95	Long Eaton RC
81	Ian	WALLIS	105.07	297	MV40	32	78	Long Eaton RC
82	Robert	SHARRATT	105.18	294	MV40	33	78	Ilkston Running Club
83	Patrick	COTTON	105.21	352	MV50	6	85	Unattached
84	Julia	BLEWITT-JENKINS	105.27	280	FSEN	6	95	Ivanhoe Runners
85	Carolyn	OSBORNE	106.52	281	FV35	7	94	Ivanhoe Runners
86	Sharon	OMBLER	108.17	403	FV35	8	92	Scunthorpe & District
87	David	PORTER	108.57	342	MV40	34	75	Unattached
88	Julie	WARD-ROTHERHAM	109.13	276	FV35	9	92	Ivanhoe Runners
89	Glyn	BUTFIELD	109.28	372	MV40	35	75	Road Runners Club
90	Richard	CLIFFE	109.45	242	MSEN	32	73	Unattached
91	Derek	BRAILSFORD	110.27	408	MV60	3	86	Saints & Sinners
92	Martyn	LEE	110.29	287	MV40	36	74	Lincoln Wellington AC
93	Lesley	JONES	110.40	258	FV35	10	90	Ivanhoe Runners
94	Richard	BURTLE	110.47	266	MV60	4	86	Unattached
95	Larry	WISE	111.53	356	MV50	7	80	Great Bentley Running
96	Dave	ONION	113.18	295	MV60	5	84	Redhill Road Runners
97	Michelle	NORMAN	113.36	243	FV35	11	88	Unattached
98	Dean	BARKER	114.02	428	MSEN	33	70	Unattached
99	Debbie	PRINCE	114.36	413	FV35	12	87	Unattached
100	Melissa	PINE	114.44	306	FSEN	7	87	Unattached
101	Trish	MCPHERSON	115.40	369	FV35	13	86	Ivanhoe Runners
102	June	CRIMMINS	115.42	259	FV35	14	86	Unattached
103	Malcolm	FLUCK	115.54	290	MV40	37	71	Unattached
104	Ginny	ASKAM	116.05	420	FV35	15	86	Unattached
105	Heather	CHURCH	116.09	250	FV35	16	86	Unattached
106	Darrell	BETTANY	116.10	355	MV40	38	71	Unattached
107	Elizabeth	CARLISLE	116.14	262	FSEN	8	86	Unattached
108	Steve	HINTON	116.21	261	MV50	8	77	Tickhill Runners & AC
109	George	KENNEDY	116.55	391	MV60	6	81	Unattached
110	Carol	WATSON	117.08	293	FV45	1	90	Erewash Valley Runner
111	Gill	SLEAFORD	117.32	388	FV45	2	89	Boston & District AC
112	Karin	MARITZ	118.42	375	FSEN	9	84	Ivanhoe Runners
113	Stan	COLLEY	120.15	321	MV50	9	75	Stamford Striders
114	Pam	ATKINS	120.45	320	FV55	1	99	Beverly AC
115	Martin	JESSOP	121.12	368	MSEN	34	66	Unattached
116	Julie	WARNER	122.21	367	FV35	17	82	Shelton Striders
117	John	SNOWDEN	125.33	396	MV40	39	65	Unattached
118	Gill	BOVILL	126.08	377	FV35	18	79	Unattached
119	Richard	CURTIS	126.58	430	MSEN	35	63	Unattached
120	David	EDE	128.07	254	MV60	7	74	Unattached
121	Jim	ARAM	128.32	411	MSEN	36	62	Lakeside Lincoln
122	Cliff	ABBOTT	129.29	300	MV40	40	63	Unattached
123	Garrie	NADEN	131.24	429	MV40	41	62	Unattached
124	Nancy	BENNION	133.16	376	FSEN	10	75	Ivanhoe Runners
125	Raymond	WALKER	134.17	319	MV50	10	67	Unattached
126	Helen	BEADLE	135.28	425	FSEN	11	74	Unattached
127	Kay	STABLES	135.38	308	FV45	3	77	Unattached
128	Gina	WARRENDER	136.18	303	FV35	19	73	Unattached
129	Stephen	MATTHEWS	136.42	283	MV50	11	66	Holme Pierrepont RC
130	Dave	SMITH	137.18	357	MV50	12	66	Unattached
131	Madeline	WARD	139.45	273	FV35	20	72	Unattached
132	Rory	CLIFF	145.11	236	MV40	42	56	Unattached
133	Gareth	BIRCH	146.03	331	MSEN	37	55	Unattached
134	Jo	VICKERS	146.24	239	FSEN	12	68	Unattached
135	Jessica	MACKETT	149.28	251	FV35	21	67	Unattached
136	Trevor	SNELL	154.44	385	MV60	8	61	Unattached
137	Judith	DRURY	154.45	387	FV55	2	78	Unattached
138	Vivienne	FAIRLEY	155.17	426	FV35	22	64	Unattached
139	Denise	CLARK	156.18	362	FV35	23	64	Unattached
140	Di	MATTHEWS	160.23	284	FV45	4	65	Holme Pierrepont RC
141	Andrea	FOSTER	163.29	389	FV45	5	64	Unattached
142	Louise	TIMOTHY	165.36	309	FV45	6	63	Unattached
143	Lisa	MANNING	173.08	346	FSEN	13	58	Unattached
144	David	MANNING	173.08	345	MSEN	38	46	Unattached

The penultimate column is the percentage of the Athletics Weekly standard for that age group