

THE FRISKNEY HALF MARATHON

1 Apr 2007

OVERALL RESULTS

Position	Name		Time	Number	Cat	& Pos	AW Stand	Club
1	Geoff	KNIGHT	73.18	814	MSEN	1	109	Boston & District AC
2	Chris	STOKES	75.46	849	MSEN	2	106	Sphinx AC
3	Stuart	CRAGG	76.49	813	MSEN	3	104	Boston & District AC
4	Russell	BARRON	78.57	831	MSEN	4	101	St Helens Sutton AC
5	Ben	SUGDEN	79.14	787	MSEN	5	101	Unattached
6	Arthur	SHORT	80.17	816	MV40	1	102	Grantham & Dist AC
7	Stephen	SHANKS	80.21	845	MSEN	6	100	Holme Pierrepont RC
8	Steve	BACON	80.51	829	MSEN	7	99	Congleton Harriers
9	Dave	TILLEY	81.39	835	MV40	2	100	Sleaford Town Runners
10	Chris	REESON	82.39	841	MV40	3	99	Unattached
11	Stephen	BARK	83.30	783	MSEN	8	96	Unattached
12	Steven	MCCONNELL-WARD	83.31	825	MV40	4	98	Hartsholme Runners
13	Michael	HURLEY	83.56	838	MSEN	9	95	Unattached
14	John	HOLMES	84.32	724	MV50	1	106	Lincoln Wellington AC
15	Brian	FOX	85.04	773	MV40	5	96	Lincoln Wellington AC
16	Tony	MADGE	85.52	744	MV50	2	105	Unattached
17	Steve	CAMPION	86.12	768	MV40	6	95	Lincoln Wellington AC
18	Colin	RICHARDSON	86.28	817	MV40	7	95	Unattached
19	John	ACKROYD	89.28	746	MV40	8	92	Yaxley Runners
20	Mike	SHELDON	90.42	737	MV40	9	90	Barrow Runners
21	Richard	TITCHMARSH	91.19	713	MV60	1	104	Lincoln Wellington AC
22	Matthew	GRANT	91.25	750	MSEN	10	88	Unattached
23	Janine	STONES	92.01	805	FV35	1	109	Mablethorpe RC
24	Mark	BLACKWOOD	92.31	857	MSEN	11	86	Unattached
25	Jim	EDWARDS	92.36	854	MV60	2	103	Hartsholme Runners
26	Nick	TOMKINS	92.44	818	MSEN	12	86	Huncote Harriers
27	Darren	WESTON	93.24	747	MV40	10	88	Unattached
28	David	ROBERTSON	93.29	743	MSEN	13	86	Unattached
29	Andrew	BROWN	93.37	729	MSEN	14	85	Burnham Joggers
30	Alistair	EDE	94.09	778	MSEN	15	85	Louth AC
31	Richard	SIMONS	94.31	728	MSEN	16	85	Louth AC
32	Colin	MCMURRAY	94.37	819	MV40	11	87	Retford AC
33	Nick	BROOKS	94.39	852	MV40	12	87	Skegness Coasters
34	Ian	MAIR	94.44	772	MV50	3	95	Lincoln Wellington AC
35	Paul	HANNAH	95.16	788	MV50	4	94	Stamford Striders
36	Christopher	OSBORNE	95.23	853	MV40	13	86	Ivanhoe Runners
37	Anthony	FRASER	95.58	848	MV50	5	94	Unattached
38	James	SWAN	96.22	846	MU20	1	0	Huncote Harriers
39	David	PORTER	96.52	766	MV40	14	85	Spalding Tri Club
40	Terry	LOVETT	97.37	810	MV60	3	97	Retford AC
41	Philip	HAIGH	98.30	803	MV50	6	91	Rotherham Harriers
42	Angie	HARVEY	99.26	836	FV45	1	106	Sleaford Town Runners
43	Brian	DRIVER	99.30	839	MV40	15	82	Huncote Harriers
44	Richard	YATES	99.47	736	MV40	16	82	Unattached
45	Robert	CLAPPERTON	100.30	844	MV50	7	90	Retford AC
46	Michael	BYWATER	100.34	795	MV40	17	82	Tamworth AC
47	Andrew	COLDWELL	100.36	823	MV40	18	82	Unattached
48	Stephen	ROBINSON DAY	100.36	807	MV40	19	82	Ivanhoe Runners
49	David	BARTON	101.15	797	MV40	20	81	York Knaveshire Harr
50	Owen	MSIMANGO	101.31	725	MSEN	17	79	Boston & District AC
51	Debbie	HOLMES	101.54	764	FV45	2	103	Boston & District AC
52	John	PEARSON	102.03	793	MV40	21	80	Killamarsh Kestrels
53	Philip	HALL	102.11	858	MV50	8	88	Grantham & Dist AC
54	Colin	AWCOCK	102.15	827	MV40	22	80	Unattached
55	Martin	JESSOP	102.15	781	MSEN	18	78	Unattached
56	Helen	TURNER	102.21	742	FSEN	1	98	Unattached
57	Stuart	WRIGHT	102.36	716	MV40	23	80	Kimberworth Striders
58	Jason	SCRIMSHAW	102.40	837	MSEN	19	78	Huncote Harriers

59	Alan	BUCKBERRY	103.12	721	MV50	9	87	Sleaford Striders AC
60	Keith	BYWATER	103.12	796	MV40	24	79	Unattached
61	John	CUMMINS	103.41	826	MV50	10	87	Southwell RC
62	Dawn	PEARSON	103.49	847	FV45	3	101	Ivanhoe Runners
63	Carolyn	OSBORNE	103.49	748	FV35	2	96	Ivanhoe Runners
64	Dave	RAYNES	104.02	794	MV50	11	87	Sleaford Striders AC
65	Jon	PILS	104.06	842	MSEN	20	77	Hucknall RR
66	Stuart	EDE	104.06	780	MSEN	21	77	Unattached
67	Phil	ABBOTT	104.16	771	MSEN	22	77	Long Eaton RC
68	Darren	AUTY	104.28	851	MSEN	23	77	Boston & District AC
69	Lesley	JONES	104.33	731	FV35	3	96	Ivanhoe Runners
70	Adrian	GLOVER	104.38	718	MSEN	24	76	Unattached
71	Michelle	LAYDEN	104.43	833	FV45	4	100	Worksop Harriers
72	Victoria	YEOMANS	105.14	733	FSEN	2	95	Long Eaton RC
73	Jason	BAXTER	105.58	856	MSEN	25	75	Unattached
74	Colin	LEA	106.06	798	MV40	25	77	York Knaveshire Harr
75	John	GARNER	107.07	719	MV50	12	84	Hartsholme Runners
76	Lloyd	ISAM	107.11	855	MV40	26	77	Barnsley AC
77	Judith	STACEY	107.19	801	FV35	4	93	Unattached
78	David	COZENS	107.55	712	MV50	13	83	Hartsholme Runners
79	Mark	LOVETT	108.19	779	MSEN	26	74	Unattached
80	Julie	WARD-ROTHERHAM	108.27	774	FV35	5	92	Ivanhoe Runners
81	Jo	ISBILL	108.44	734	FV35	6	92	Ryston Runners
82	Vic	KING	109.21	722	MV50	14	82	Unattached
83	Andy	LENTON	110.17	732	MV40	27	74	Unattached
84	Emma	MARSHALL	110.23	739	FV35	7	91	Sleaford Striders AC
85	Dave	ONION	110.26	770	MV60	4	86	Redhill Road Runners
86	Neil	GODDARD	110.28	820	MV40	28	74	Hartsholme Runners
87	Lizie	LEVY	110.36	824	FV35	8	90	Unattached
88	Adrian	CARDER	111.15	745	MV50	15	81	Unattached
89	Glyn	BOTFIELD	111.22	804	MV40	29	74	Road Runners Club
90	David	REDGATE	111.24	800	MSEN	27	72	Unattached
91	Emily	PETHERHAM	111.31	735	FSEN	3	90	Unattached
92	Becky	CHADWICK	111.33	808	FSEN	4	90	Retford AC
93	Denise	BANNISTER	111.33	809	FV35	9	90	Retford AC
94	Danielle	HAUTON	111.34	714	FSEN	5	90	Unattached
95	Bridget	HOULSTON	111.46	828	FSEN	6	89	Unattached
96	Dianne	JONES	112.29	859	FV45	5	93	Unattached
97	Liz	NAUYOKKAS	115.21	834	FV35	10	87	Unattached
98	Stan	COLLEY	116.06	727	MV50	16	78	Stamford Striders
99	Andrew	BLOOR	118.00	726	MV40	30	69	Ilkston Running Club
100	Michelle	DOOLEY	118.56	791	FSEN	7	84	Middleton Harriers
101	Georgina	JOHNSON	119.31	806	FV45	6	88	Wolds Veteran Runners
102	Michele	WRIGHT	120.14	799	FV45	7	87	Unattached
103	Stanley	THORNTON	121.20	792	MV60	5	78	Sleaford Striders AC
104	Scott	FORMAN	122.25	717	MSEN	28	65	Unattached
105	Heather	RIDDELL	122.33	840	FV35	11	82	Unattached
106	Robert	SHAW	124.28	784	MV50	17	72	Boston & District AC
107	Raymond	WALKER	124.50	782	MV50	18	72	Unattached
108	Trevor	SNELL	125.01	822	MV60	6	76	Boston & District AC
109	Tony	TOMLIN	125.03	767	MV40	31	66	Boston & District AC
110	Keith	TYLER	125.14	776	MV60	7	76	Cleethorpes & Dist AC
111	Phylly	WILSON	127.00	769	FV55	1	94	Wreake Runners
112	Clif	ABBOTT	127.31	832	MV40	32	64	Unattached
113	Paul	CROSS	128.24	843	MV50	19	70	Unattached
114	David	SCOTT WELLS	131.17	802	MV60	8	72	Unattached
115	David	EDE	132.19	789	MV60	9	72	Unattached
116	Linda	BRISTOW-TYLER	133.16	777	FV45	8	79	Cleethorpes & Dist AC
117	Ray	CARTHY	134.48	738	MSEN	29	59	Spalding Tri Club
118	Rory	CLIFF	137.59	715	MV40	33	59	Unattached
119	Darren	SPENCER	137.59	723	MSEN	30	58	Unattached
120	Judith	DRURY	163.02	749	FV55	2	74	Boston & District AC

The penultimate column is the percentage of the Athletics Weekly standard for that age group