

Division 2EC Match 1 - Costello Stadium, Hull

				Perf	Record	Wind	AW	3 May 2008							
				Perf	Record	Wind	AW								
Men's 100m A				<i>Wind=</i>				Men's 100m B				<i>Wind=</i>			
1	4	Rob Clark	Kingston upon Hull	11.2			<input checked="" type="checkbox"/>	1	11	Alex Pycock	Boston & District A.C.	11.6			
2	1	Shannen Aloy-Langham	Boston & District A.C.	11.4				2	66	David Scholey	Rotherham Harriers	11.6			
3	6	Sam Thorpe	Rotherham Harriers	11.5				3	22	Chris Watts	Doncaster A.C.	11.7			
4	2	Jamie Brough	Doncaster A.C.	11.5				4	55	Matthew Houlden	Lincoln Wellington	11.9			
5	5	Chris Leslie	Lincoln Wellington	11.9				5	44	David Wolstenholme	Kingston upon Hull	12.4			
6	3	Jamie Bennett	Hallamshire Harriers	12.2				6	33	Craig Wolstenholme	Hallamshire Harriers	13.0			
Men's 200m A				<i>Wind=</i>				Men's 200m B				<i>Wind=</i>			
1	4	Rob Clark	Kingston upon Hull	22.6			<input checked="" type="checkbox"/>	1	66	Rhian Hastie	Rotherham Harriers	23.1			
2	1	Alex Pycock	Boston & District A.C.	22.8			<input checked="" type="checkbox"/>	2	11	Shannen Aloy-Langham	Boston & District A.C.	23.7			
3	6	Sam Thorpe	Rotherham Harriers	23.0			<input checked="" type="checkbox"/>	3	33	Chris Taylor	Hallamshire Harriers	24.0			
4	2	Chris Watts	Doncaster A.C.	23.8				4	55	Steve Swaby	Lincoln Wellington	24.5			
5	3	Jamie Bennett	Hallamshire Harriers	24.2				5	44	James Pickering	Kingston upon Hull	24.8			
6	5	Mal Bramall	Lincoln Wellington	24.5				6	22	Matthew Snell	Doncaster A.C.	25.1			
Men's 400m A								Men's 400m B							
1	4	Peter Watts	Kingston upon Hull	50.6			<input checked="" type="checkbox"/>	1	66	Gareth Moreton	Rotherham Harriers	52.4			
2	6	Mark Ward	Rotherham Harriers	50.6			<input checked="" type="checkbox"/>	2	33	Sam Barnsley	Hallamshire Harriers	52.9			
3	2	Alan Jepson	Doncaster A.C.	52.1				3	44	Stephen Richardson	Kingston upon Hull	52.9			
4	3	Chris Taylor	Hallamshire Harriers	53.7				4	11	Michael West	Boston & District A.C.	53.8			
5	5	Craig Maskell	Lincoln Wellington	54.6				5	55	Mal Bramall	Lincoln Wellington	54.5			
6	1	Chris Cope	Boston & District A.C.	60.4				6	22	Peter Andrews	Doncaster A.C.	54.9			
Men's 800m A								Men's 800m B							
1	6	Rhian Hastie	Rotherham Harriers	01:58.0			<input checked="" type="checkbox"/>	1	66	Mukhtar Mohammed	Rotherham Harriers	01:58.6			<input checked="" type="checkbox"/>
2	3	Richard Spooner	Hallamshire Harriers	01:59.5			<input checked="" type="checkbox"/>	2	44	James Pickering	Kingston upon Hull	01:59.5			<input checked="" type="checkbox"/>
3	4	Jack Cutsforth	Kingston upon Hull	01:59.6			<input checked="" type="checkbox"/>	3	33	Armand Buss	Hallamshire Harriers	02:02.1			
4	5	Craig Maskell	Lincoln Wellington	02:02.5				4	55	Shane Robinson	Lincoln Wellington	02:05.4			
5	1	Chris Cope	Boston & District A.C.	02:06.9				5	11	Michael West	Boston & District A.C.	02:09.2			
6	2	Alan Jepson	Doncaster A.C.	02:12.7				6	22	Matthew Snell	Doncaster A.C.	02:25.5			
Men's 1500m A								Men's 1500m B							
1	6	Abdi Ahmed	Rotherham Harriers	04:01.1			<input checked="" type="checkbox"/>	1	33	Joe Gratton	Hallamshire Harriers	04:09.4			
2	3	Andy Heyes	Hallamshire Harriers	04:01.4			<input checked="" type="checkbox"/>	2	55	Les Ball	Lincoln Wellington	04:12.2			
3	5	Tom Doe	Lincoln Wellington	04:01.8			<input checked="" type="checkbox"/>	3	66	Phil Hoole	Rotherham Harriers	04:15.1			
4	4	Matty Pye	Kingston upon Hull	04:10.1				4	44	Liam Holiday	Kingston upon Hull	04:30.5			
5	1	James Munn	Boston & District A.C.	04:20.3				5	11	Stephan Brockett	Boston & District A.C.	04:45.0			
6	2	Chris Moran	Doncaster A.C.	04:22.6				6	22	Troy Kennedy	Doncaster A.C.	04:50.8			
Men's 3000m S/Chase A								Men's 3000m S/Chase B							
1	5	Tom Doe	Lincoln Wellington	09:18.1			<input checked="" type="checkbox"/>	1	3	Matt Milsom	Hallamshire Harriers	10:36.5			
2	6	Chris Ireland	Rotherham Harriers	10:28.3				2	66	Paul Humphties	Rotherham Harriers	10:51.8			
3	1	Chris Cope	Boston & District A.C.	10:31.2				3	44	Mark Cage	Kingston upon Hull	12:03.8			
4	33	Mike Sprot	Hallamshire Harriers	10:31.8				4	55	Ryan Smith	Lincoln Wellington	12:28.5			
5	4	Graham Gagg	Kingston upon Hull	11:40.3				5	11	Owen Msimango	Boston & District A.C.	12:52.1			
6	2	Les Grant	Doncaster A.C.	14:39.1				6							

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				Perf	Record	Wind	AW	3 May 2008				Perf	Wind	AW	
Men's Shot Putt A								Men's Shot Putt B							
1	4	John Twiddle	Kingston upon Hull	12.69				1	11	Stuart Smith	Boston & District A.C.	10.74			
2	3	Jay Parnaby	Hallamshire Harriers	11.27				2	44	Peter Smith	Kingston upon Hull	9.85			
3	2	Troy Kennedy	Doncaster A.C.	11.24				3	22	Bruce Bewley	Doncaster A.C.	9.70			
4	66	Rob Wilkinson	Rotherham Harriers	10.84				4	33	Mick Clift	Hallamshire Harriers	9.48			
5	1	Wayne Clarke	Boston & District A.C.	10.78				5	5	-	Lincoln Wellington	8.99			
6	55	-	Lincoln Wellington	9.18				6	6	Owen Thomas	Rotherham Harriers	7.30			
Men's Long Jump A								Men's Long Jump B							
1	4	Lee Blaymire	Kingston upon Hull	7.27			☑	1	44	David Wolstenholme	Kingston upon Hull	5.83			
2	6	Liam O'Malley	Rotherham Harriers	6.20				2	5	Steve Swaby	Lincoln Wellington	5.69			
3	2	Jamie Brough	Doncaster A.C.	6.07				3	3	Jamie Bennett	Hallamshire Harriers	5.47			
4	55	Matthew Houlden	Lincoln Wellington	5.80				4	22	Matthew Snell	Doncaster A.C.	5.44			
5	33	Matt Milsom	Hallamshire Harriers	5.54				5	66	Rob Wilkinson	Rotherham Harriers	5.14			
6	11	Michael West	Boston & District A.C.	5.12				6	1	Stuart Smith	Boston & District A.C.	4.56			
Men's Triple Jump A								Men's Triple Jump B							
1	5	Matthew Houlden	Lincoln Wellington	13.41			☑	1	44	Steve Wymark	Kingston upon Hull	11.72			
2	6	Liam O'Malley	Rotherham Harriers	12.41				2	66	Nick Pike	Rotherham Harriers	10.88			
3	4	James McLeish	Kingston upon Hull	12.08				3	22	Dave Long	Doncaster A.C.	10.78			
4	1	Stephan Brockett	Boston & District A.C.	11.99				4	11	Jake Brittain	Boston & District A.C.	10.58			
5	3	Matt Milsom	Hallamshire Harriers	11.76				5	33	David Sprot	Hallamshire Harriers	10.48			
6	2	Andrew Lilley	Doncaster A.C.	11.50				6	55	-	Lincoln Wellington	10.39			
Men's High Jump A								Men's High Jump B							
1	44	Lee Blaymire	Kingston upon Hull	1.70				1	4	Jonathan Oshikere	Kingston upon Hull	1.65			
2	66	Liam O'Malley	Rotherham Harriers	1.65				2	11	Alex Pycock	Boston & District A.C.	1.60			
3	1	Jake Brittain	Boston & District A.C.	1.65				3	2	Bruce Bewley	Doncaster A.C.	1.55			
4=	5	Steve Swaby	Lincoln Wellington	1.60				4	6	Chris Wright	Rotherham Harriers	1.50			
4=	22	Andrew Lilley	Doncaster A.C.	1.60				5	55	Mal Bramall	Lincoln Wellington	1.50			
6	3	Jamie Bennett	Hallamshire Harriers	1.50				6	33	Chris Taylor	Hallamshire Harriers	1.40			
Men's Pole Vault A								Men's Pole Vault B							
1	4	Liam Holiday	Kingston upon Hull	3.20				1	44	Sean Rose	Kingston upon Hull	2.90			
2	1	Jake Brittain	Boston & District A.C.	3.10				2	11	Stephan Brockett	Boston & District A.C.	2.70			
3	5	Adey White	Lincoln Wellington	2.80				3	22	Dave Long	Doncaster A.C.	2.50			
4	2	Troy Kennedy	Doncaster A.C.	2.70				4	55	Steve Swaby	Lincoln Wellington	2.30			
Men's 4x100m Relay															
1	4	Kingston upon Hull	Peter Watts	Jonathan Oshikere	Lee Blaymire	Rob Clark	45.6								
2	1	Boston & District A.C.	Alex Pycock	mark Bowler	Stephan Brockett	Shannen Aloy-Langham	45.7								
3	6	Rotherham Harriers	Sam Thorpe	Mark Ward	David Scholey	Liam O'Malley	45.9								
4	2	Doncaster A.C.	Dave Long	Matthew Snell	Chris Watts	Jamie Brough	46.2								
5	5	Lincoln Wellington	Steve Swaby	Matthew Houlden	Mal Bramall	Chris Leslie	46.6								
6	3	Hallamshire Harriers	Craig Wolstenholme	Sam Barnsley	Jamie Bennett	Matt Milsom	48.9								

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Perf Record Wind AW 3 May 2008

Perf Wind AW

Men's 4x400m Relay

1	6	Rotherham Harriers	David Scholey	Rhian Hastie	Mark Ward	Mukthar Mohammed	03:21.3	<input checked="" type="checkbox"/>
2	2	Doncaster A.C.	Peter Andrews	Alan Jepson	Jamie Brough	Les Grant	03:34.2	
3	3	Hallamshire Harriers	Richard Spooner	Matt Milsom	Jamie Bennett	Sam Barnsley	03:34.6	
4	4	Kingston upon Hull	Liam Holiday	Stephen Richardson	James Pickering	Jack Cutsforth	03:35.6	
5	1	Boston & District A.C.	Michael Robinson	Michael West	Jake Brittain	Chris Cope	03:49.5	
6	5	Lincoln Wellington	Craig Maskell	Mal Bramall	Les Hill	Gavin Campbell	03:59.0	

MATCH RESULT			League Points	Match	STANDINGS			League Points	Match
1	Hull	6	425.0	1	Hull	12	850.0		
2	Rotherham	5	376.0	2	Rotherham	10	752.0		
3	Boston	4	357.0	3	Boston	8	714.0		
4	Lincoln	3	317.0	4	Lincoln	6	634.0		
5	Donc	2	304.0	5	Donc	4	608.0		
6	Hallam	1	290.0	6	Hallam	2	580.0		

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				3 May 2008			
		Perf	Record	Wind	AW		
Women's 100m A				Women's 100m B			
<i>Wind=</i>				<i>Wind=</i>			
1	5	Shireen Timmins	Lincoln Wellington	12.9		<input checked="" type="checkbox"/>	
2	2	Shelley Revitt	Doncaster A.C.	13.1			
3	6	Charlotte Vaughan	Rotherham Harriers	13.2			
4	4	Amy Giblin	Kingston upon Hull	13.3			
5	3	Chani Montague	Hallamshire Harriers	13.7			
6	1	Laura Hallett	Boston & District A.C.	16.2			
Women's 200m A				Women's 200m B			
<i>Wind=</i>				<i>Wind=</i>			
1	4	Sonia Santos	Kingston upon Hull	26.6		<input checked="" type="checkbox"/>	
2	5	Mary-Ann Phillips	Lincoln Wellington	26.7		<input checked="" type="checkbox"/>	
3	6	Charlotte Vaughan	Rotherham Harriers	26.9		<input checked="" type="checkbox"/>	
4	2	Lisa Revitt	Doncaster A.C.	28.6			
5	3	Chani Montague	Hallamshire Harriers	28.9			
6	1	Melanie Bristow	Boston & District A.C.	31.9			
Women's 400m A				Women's 400m B			
1	4	Nicola Maddick	Kingston upon Hull	59.2		<input checked="" type="checkbox"/>	
2	6	Rebecca White	Rotherham Harriers	60.3		<input checked="" type="checkbox"/>	
3	5	Rochelle Harrison	Lincoln Wellington	61.7		<input checked="" type="checkbox"/>	
4	2	Becky Holdsworth	Doncaster A.C.	62.2			
5	3	Amy Wilks	Hallamshire Harriers	70.1			
6	1	Isabelle Whitehead	Boston & District A.C.	71.0			
Women's 800m A				Women's 800m B			
1	4	Laura-Jane Day	Kingston upon Hull	02:18.2		<input checked="" type="checkbox"/>	
2	5	Rochelle Harrison	Lincoln Wellington	02:19.9		<input checked="" type="checkbox"/>	
3	6	Natalie Grant	Rotherham Harriers	02:22.7		<input checked="" type="checkbox"/>	
4	1	Chelsea Brockett	Boston & District A.C.	02:29.1			
5	3	Taj Tomouk	Hallamshire Harriers	02:38.2			
6	2	Kelly Tait	Doncaster A.C.	03:00.5			
Women's 1500m A				Women's 1500m B			
1	4	Laura-Jane Day	Kingston upon Hull	04:48.1		<input checked="" type="checkbox"/>	
2	6	Jessica Fawcett	Rotherham Harriers	04:51.1		<input checked="" type="checkbox"/>	
3	5	Laura Thomas	Lincoln Wellington	04:52.9		<input checked="" type="checkbox"/>	
4	1	Louise Rutt	Boston & District A.C.	05:20.5			
5	3	Hayley Needes	Hallamshire Harriers	06:03.1			
6	2	Jane Ayres	Doncaster A.C.	06:36.5			
Women's 3000m A				Women's 3000m B			
1	6	Jenny Blizzard	Rotherham Harriers	09:45.9		<input checked="" type="checkbox"/>	
2	5	Georgia Ball	Lincoln Wellington	10:27.0		<input checked="" type="checkbox"/>	
3	2	Jane Ayres	Doncaster A.C.	11:04.2			
4	3	Frances Montague	Hallamshire Harriers	11:07.8			
5	4	Cheryl Lyons	Kingston upon Hull	11:08.1			
6							

Division 2EC Match 1 - Costello Stadium, Hull

				Perf	Record	Wind	AW	3 May 2008				Perf	Wind	AW
<u>Women's 400m Hurdles A</u>								<u>Women's 400m Hurdles B</u>						
1	1	Jodie Favell	Boston & District A.C.	64.1			<input checked="" type="checkbox"/>	1	11	Isabelle Whitehead	Boston & District A.C.			
2	2	Becky Holdsworth	Doncaster A.C.	64.2			<input checked="" type="checkbox"/>	2	22	Laura Watts	Doncaster A.C.			
3	3	Kathy Van Hee	Hallamshire Harriers	73.6				3						
4				74.0				4						
5				81.7				5						
6								6						
<u>Women's 100m Hurdles A</u>								<u>Women's 100m Hurdles B</u>						
1	4	Jennie Smith	Kingston upon Hull	15.6			<input checked="" type="checkbox"/>	1	22	Becky Holdsworth	Doncaster A.C.	17.2		
2	1	Jodie Favell	Boston & District A.C.	15.9			<input checked="" type="checkbox"/>	2	11	Isabelle Whitehead	Boston & District A.C.	19.0		
3	2	Lisa Revitt	Doncaster A.C.	16.7				3	44	Lisa Kenney	Kingston upon Hull	19.1		
4	5	Nina Swaby	Lincoln Wellington	19.9				4						
5	6	Claire LeBond	Rotherham Harriers	27.6				5						
6								6						
<u>Women's Hammer A</u>								<u>Women's Hammer B</u>						
1	1	Stephanie Hendy	Boston & District A.C.	37.87			<input checked="" type="checkbox"/>	1	44	Lisa Kenney	Kingston upon Hull	35.37		<input checked="" type="checkbox"/>
2	4	Diane Smith	Kingston upon Hull	37.87			<input checked="" type="checkbox"/>	2	11	Tonya Robinson	Boston & District A.C.	32.75		<input checked="" type="checkbox"/>
3	6	Helen White	Rotherham Harriers	33.25			<input checked="" type="checkbox"/>	3	66	Claire LeBond	Rotherham Harriers	30.12		<input checked="" type="checkbox"/>
4	5	Haley Fox	Lincoln Wellington	25.83				4	55	Kathleen Warhurst	Lincoln Wellington	23.51		
5	22	Shelley Revitt	Doncaster A.C.	20.21				5	2	Diana Stanger	Doncaster A.C.	16.93		
6	33	Wendy Clift	Hallamshire Harriers	17.95				6						
<u>Women's Discus A</u>								<u>Women's Discus B</u>						
1	6	Kelly Pagdin	Rotherham Harriers	39.84			<input checked="" type="checkbox"/>	1	66	Liz Maher	Rotherham Harriers	34.32		<input checked="" type="checkbox"/>
2	44	Diane Smith	Kingston upon Hull	34.44			<input checked="" type="checkbox"/>	2	3	Lesley Ward	Hallamshire Harriers	21.70		
3	33	Hayley Needes	Hallamshire Harriers	23.81				3	1	Stephanie Hendy	Boston & District A.C.	21.52		
4	11	Tonya Robinson	Boston & District A.C.	23.12				4	4	Lisa Kenney	Kingston upon Hull	19.89		
5	5	Haley Fox	Lincoln Wellington	22.67				5	55	Kathleen Warhurst	Lincoln Wellington	17.70		
6	2	Katherine Wilson	Doncaster A.C.	17.32				6	22	Diana Stanger	Doncaster A.C.	14.59		
<u>Women's Javelin A</u>								<u>Women's Javelin B</u>						
1	6	Kelly Pagdin	Rotherham Harriers	38.93			<input checked="" type="checkbox"/>	1	1	Jodie Favell	Boston & District A.C.	28.49		
2	4	Lisa Kenney	Kingston upon Hull	32.69			<input checked="" type="checkbox"/>	2	66	Claire LeBond	Rotherham Harriers	26.02		
3	11	Emily Richardson	Boston & District A.C.	30.74			<input checked="" type="checkbox"/>	3	44	Diane Smith	Kingston upon Hull	24.73		
4	2	Shelley Revitt	Doncaster A.C.	30.70			<input checked="" type="checkbox"/>	4	5	Nina Swaby	Lincoln Wellington	16.32		
5	3	Alex Shorey	Hallamshire Harriers	22.28				5	33	Hayley Needes	Hallamshire Harriers	13.24		
6	55	Haley Fox	Lincoln Wellington	17.70				6						
<u>Women's Shot Putt A</u>								<u>Women's Shot Putt B</u>						
1	6	Kelly Pagdin	Rotherham Harriers	11.05			<input checked="" type="checkbox"/>	1	66	Liz Maher	Rotherham Harriers	9.34		
2	44	Diane Smith	Kingston upon Hull	10.18			<input checked="" type="checkbox"/>	2	11	Tonya Robinson	Boston & District A.C.	7.92		
3	1	Emily Richardson	Boston & District A.C.	8.63				3	4	Lisa Kenney	Kingston upon Hull	7.83		
4	33	Michelle Clift	Hallamshire Harriers	7.98				4	3	Alex Shorey	Hallamshire Harriers	7.74		
5	2	Shelley Revitt	Doncaster A.C.	7.84				5	5	Haley Fox	Lincoln Wellington	6.71		
6	55	Sharon Waller	Lincoln Wellington	6.72				6	22	Diana Stanger	Doncaster A.C.	5.49		

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				Perf	Record	Wind	AW	3 May 2008				Perf	Wind	AW			
Women's Long Jump A								Women's Long Jump B									
1	2	Shelley Revitt	Doncaster A.C.	5.19			<input checked="" type="checkbox"/>	1	22	Lisa Revitt	Doncaster A.C.	4.77					
2	4	Lois Earl	Kingston upon Hull	4.82				2	5	Denise Timmis	Lincoln Wellington	4.38					
3	6	Helen White	Rotherham Harriers	4.55				3	44	Natalie Swann	Kingston upon Hull	4.29					
4	55	Mary-Ann Phillips	Lincoln Wellington	4.42				4	3	Rose Paxman	Hallamshire Harriers	3.97					
5	33	Michelle Clift	Hallamshire Harriers	4.02				5	66	Liz Maher	Rotherham Harriers	3.93					
6	11	Emily Richardson	Boston & District A.C.	3.18				6	1	Stephanie Hendy	Boston & District A.C.	2.92					
Women's Triple Jump A								Women's Triple Jump B									
1	2	Shelley Revitt	Doncaster A.C.	10.42			<input checked="" type="checkbox"/>	1	22	Laura Watts	Doncaster A.C.	9.38					
2	1	Isabelle Whitehead	Boston & District A.C.	9.66				2	66	Liz Maher	Rotherham Harriers	8.32					
3	6	Kim Bateman	Rotherham Harriers	9.09				3	11	Amy Bristow	Boston & District A.C.	8.04					
4	4	Natalie Swann	Kingston upon Hull	8.98				4	3	Rose Paxman	Hallamshire Harriers	7.71					
5	5	Nina Swaby	Lincoln Wellington	8.66				5									
6	33	Hayley Needes	Hallamshire Harriers	8.12				6									
Women's High Jump A								Women's High Jump B									
1	4	Jennie Smith	Kingston upon Hull	1.50				1	11	Chelsea Brockett	Boston & District A.C.	1.40					
2	1	Emily Richardson	Boston & District A.C.	1.45				2	44	Amy Giblin	Kingston upon Hull	1.25					
3=	5	Nina Swaby	Lincoln Wellington	1.35				3	33	Kathy Van Hee	Hallamshire Harriers	1.15					
3=	2	Becky Holdsworth	Doncaster A.C.	1.35				4	66	Liz Maher	Rotherham Harriers	1.10					
5	6	Kim Bateman	Rotherham Harriers	1.30													
6	3	Taj Tomouk	Hallamshire Harriers	1.15													
Women's Pole Vault A								Women's Pole Vault B									
1	2	Katherine Wilson	Doncaster A.C.	3.10			<input checked="" type="checkbox"/>	1	11	Melanie Bristow	Boston & District A.C.	2.10					
2	6	Jenny Cuthbertson	Rotherham Harriers	2.40			<input checked="" type="checkbox"/>	2	4	Jennie Smith	Kingston upon Hull	1.70					
3	5	Haley Fox	Lincoln Wellington	2.40			<input checked="" type="checkbox"/>										
4	44	Rebecca Arundel	Kingston upon Hull	2.30			<input checked="" type="checkbox"/>										
5	1	Chelsea Brockett	Boston & District A.C.	2.10													
Women's 4x100m Relay								Women's 4x100m Relay									
1	2	Doncaster A.C.	Shelley Revitt	Becky Holdsworth	Kim Elliott	Lisa Revitt	51.7	<input checked="" type="checkbox"/>	1	2	Doncaster A.C.	Shelley Revitt	Becky Holdsworth	Kim Elliott	Lisa Revitt	51.7	<input checked="" type="checkbox"/>
2	5	Lincoln Wellington	Mary-Ann Phillips	Nina Swaby	Denise Timmis	Shireen Timmins	52.9		2	5	Lincoln Wellington	Mary-Ann Phillips	Nina Swaby	Denise Timmis	Shireen Timmins	52.9	
3	4	Kingston upon Hull	Lisa Kenney	Natalie Swann	Sonia Santos	Amy Giblin	53.7		3	4	Kingston upon Hull	Lisa Kenney	Natalie Swann	Sonia Santos	Amy Giblin	53.7	
4	6	Rotherham Harriers	Helen White	Charlotte Vaughan	Kim Bateman	Claire LeBond	55.9		4	6	Rotherham Harriers	Helen White	Charlotte Vaughan	Kim Bateman	Claire LeBond	55.9	
5	1	Boston & District A.C.	Jodie Favell	Melanie Bristow	Stephanie Hendy	Isabelle Whitehead	56.0		5	1	Boston & District A.C.	Jodie Favell	Melanie Bristow	Stephanie Hendy	Isabelle Whitehead	56.0	
6	3	Hallamshire Harriers	Michelle Clift	Taj Tomouk	Chani Montague	Rose Paxman	56.7		6	3	Hallamshire Harriers	Michelle Clift	Taj Tomouk	Chani Montague	Rose Paxman	56.7	
Women's 4x400m Relay								Women's 4x400m Relay									
1	4	Kingston upon Hull	Michelle Stone	Laura-Jane Day	Cheryl Lyons	Nicola Maddick	04:12.2	<input checked="" type="checkbox"/>	1	4	Kingston upon Hull	Michelle Stone	Laura-Jane Day	Cheryl Lyons	Nicola Maddick	04:12.2	<input checked="" type="checkbox"/>
2	6	Rotherham Harriers	-	-	-	-	04:13.9	<input checked="" type="checkbox"/>	2	6	Rotherham Harriers	-	-	-	-	04:13.9	<input checked="" type="checkbox"/>
3	5	Lincoln Wellington	Laura Thomas	Georgia Ball	Denise Timmis	Sarah Davey	04:19.8		3	5	Lincoln Wellington	Laura Thomas	Georgia Ball	Denise Timmis	Sarah Davey	04:19.8	
4	1	Boston & District A.C.	Chelsea Brockett	Amy Bristow	Louise Rutt	Jodie Favell	04:32.5		4	1	Boston & District A.C.	Chelsea Brockett	Amy Bristow	Louise Rutt	Jodie Favell	04:32.5	
5	3	Hallamshire Harriers	Hayley Needes	Kathy Van Hee	Chani Montague	Taj Tomouk	04:40.5		5	3	Hallamshire Harriers	Hayley Needes	Kathy Van Hee	Chani Montague	Taj Tomouk	04:40.5	
6	2	Doncaster A.C.	Becky Holdsworth	Katherine Wilson	Laura Watts	Kelly Tait	04:51.2		6	2	Doncaster A.C.	Becky Holdsworth	Katherine Wilson	Laura Watts	Kelly Tait	04:51.2	