



# The Poppy Run 5.4 Miles Road Race



Start & Finish at:

**The B-Hive**

Punchbowl Lane, Boston, Lincolnshire

**Sunday 13<sup>th</sup> November 2011**

**The Poppy Run Starts at 11.00am**

Fast flat course \* Adequate parking \* First aid in attendance \* Toilets

Marshalled course \* Water Station

Prizes for the 5 mile race:

First 3 men: Sen, Vet40, Vet50, Vet60    First 3 women: Sen, Vet35, Vet45, Vet55

First men's team Senior/Vet combined    First women's team Senior/Vet combined

3 runners to count per team

All finishers to receive a Poppy Appeal Medal

**Entry Fees: Affiliated £10, Unaffiliated £12, Minimum Age 15 years.**

**Cheques made out to: Poppy Run/Just Athletics**

**Closing date 7th November or when 1000 entries reached, strictly no late entries.**

**Enquiries: contact 01754 820455 or [www.bostonanddistrictac.com](http://www.bostonanddistrictac.com)**

Entry forms to: P Arnott, Fir Tree Cottage, Low Road, Friskney, Boston, Lincs, PE22 8SG

**ALL PROFIT IN AID OF  
THE ROYAL BRITISH LEGION POPPY APPEAL**

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The Poppy Run 5.4 miles entry form (photocopies accepted)

Surname ..... Firstname ..... Male or Female (please circle)

Address: House number & street .....

Town ..... Postcode .....

Telephone ..... email .....

Date of birth ..... Age on race day ..... (Min age 15 years)

Affiliated Athletic Club or Unattached .....

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be held liable for any injury, loss or damage caused by my participation.

Signed: .....

Date .....

Parent's signature for runners under 16

*Supported by*

