

# **LINCOLNSHIRE TRACK AND FIELD LEAGUE 2017**

## **MATCH 2 SUNDAY 25<sup>th</sup> JUNE 2017**

### **TOMMY CLAY TRACK, PRSA, BOSTON**

**Track Programme (Report to starter's assistant 10 minutes prior to event)**

| <b>Time</b> | <b>Event</b>                             | <b>Category</b>                                                                            |
|-------------|------------------------------------------|--------------------------------------------------------------------------------------------|
| 11.00am     | 300m hurdles                             | U17 women                                                                                  |
|             | 400m hurdles                             | U17men/U20 & SEN men & women                                                               |
| 11.20am     | 1500m                                    | U13 boys & girls                                                                           |
|             | 1500m                                    | U15 boys & girls                                                                           |
|             | 1500m                                    | U17,U20 & SEN men & women                                                                  |
| 11.45am     | 80m                                      | U9 boys & girls                                                                            |
|             | 80m                                      | U11boys & girls                                                                            |
|             | 100m                                     | U13 boys & girls                                                                           |
|             | 100m                                     | U15 boys & girls                                                                           |
|             | 100m over 15 secs.13 – 15secs.           | U17,U20& SEN men & women                                                                   |
|             | 100m sub 13 secs.                        | U17,U20 &SEN men & women                                                                   |
| 12.20pm     | 3,000m                                   | U15, U17,U20 & SEN men & women                                                             |
| 12.45pm     | 300m                                     | U15 boys & U17 women                                                                       |
|             | 400m                                     | U17 men & U20 & SEN men & women                                                            |
| 1.00pm      | 4 x 50m shuttle relay                    | U9 boys & girls                                                                            |
|             | 4 x100m relay                            | U11& U13 boys & girls comb.                                                                |
|             | Medley Relays 2 x 200,1 x 400<br>1 x 800 | 2 x 200 U15,U17,U20 &SEN m&w<br>1 x 400 U17,U20 & SEN m&w<br>1 x 800 U15,U17,U20 & SEN m&w |
| 1.35pm      | 150m                                     | U9 boys & girls                                                                            |
|             | 150m                                     | U11 boys & girls                                                                           |
|             | 200m                                     | U13 & U15 boys & girls graded races                                                        |
|             | 200m                                     | U17,U20, SEN men & women graded races                                                      |
| 2.20pm      | 1500m steeplechase as reqd.              | U17,U20 SEN men & women                                                                    |
| 2.45pm      | 600m                                     | U9 boys & girls                                                                            |
|             | 600m                                     | U11boys & girls                                                                            |
|             | 800m                                     | U13 & U15 boys & girls graded races                                                        |
|             | 800m                                     | U17, U20& SEN men & women graded races                                                     |