



BOSTON & DISTRICT ATHLETIC CLUB

Present

The Friskney Half Marathon

Fast flat course Start & Finish at

**The Village Hall, Friskney,
near Skegness, Lincolnshire, PE22 8RD**



Sunday 8th April 2018 start at 11.00am

2 weeks before the London Marathon, as usual

Permit applied for

- | | |
|-----------------------------|----------------------------|
| * Certified measured course | * Adequate parking |
| * First aid in attendance | * Changing facilities |
| * Marshalled course | * Toilets and Showers |
| * Water Stations | * Min age 17yrs on the day |

Commemorative medal to all finishers * Max time limit of 3 hours * Headphones are not permitted

Prizes:

First Men Sen, Vet40, Vet50, Vet60

First men's team Sen & Vet combined

3 runners to count per team

First Women Sen, Vet35, Vet45, Vet55

First women's team Sen & Vet combined

3 runners to count per team

Entry Fee: £17. Discounted to £15 for affiliated runners

You may enter using the Runners World website or by post

For postal entries please make cheques payable to Just Athletics and post with your entry form to:

Nanette Johnson, Paddock Way, Field Lane, Friskney, Boston, Lincs, PE22 8RJ

or make an electronic payment to: Just Athletics, sort code 30-97-67, account number 01039337

Closing date 2nd April 2018, no late entries

Enquiries: tel. 01754 820623 or email event@bostonanddistrictac.com

Further information on www.bostonanddistrictac.com

Surname Firstname Male or Female (please circle)

Address: House number & street

Town Postcode

Telephone email

Date of birth Age on race day (Min age 17 years)

Affiliated Athletic Club or Unattached

I enclose a cheque for £..... or I have made an electronic payment of £..... on date

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be held liable for any injury, loss or damage caused by my participation.

Signed:

Date

Parent's signature for runners under 18

Supported by

