



# Boston and District AC

## Entry Form for

# The Poppy Run

# 10Km Road Race



Accurately measured



Fast flat course

Start & Finish at

**The Village Hall, Friskney, Near Skegness, Lincolnshire, PE22 8RD**  
**Sunday 12<sup>th</sup> November 2023. Start at 10.00am**

Permit applied for

Adequate parking \* First aid in attendance \* Toilets

Marshalled course \* Water Station

Prizes:

First men: Sen, Vet40, Vet50, Vet60

First women: Sen, Vet40, Vet 50, Vet 60

First men's team Senior/Vet combined

First women's team Senior/Vet combined

3 runners to count per team

All finishers to receive a Poppy Appeal Medal

**Entry Fees: Affiliated £15, Unaffiliated £17. Minimum Age 15 years.**

You may enter using the Run Britain website or by post.

For postal entries please make cheques payable to Boston & District AC and post with your entry form to:

Nanette Johnson, Paddock Way, Field Lane, Friskney, Boston, Lincs, PE22 8RJ

or make an electronic payment to: Boston & District AC, sort code 30-97-95, account number 00979085

(please remember to post your entry form when paying electronically)

**Closing date 6th November, no late entries.**

**Enquiries: tel. 01754 820623 or [www.bostonanddistrictac.com](http://www.bostonanddistrictac.com)**

**ALL PROFIT IN AID OF THE ROYAL BRITISH LEGION POPPY APPEAL**



The Poppy Run 10Km entry form (photocopies accepted)

Surname ..... First name ..... Male or Female (please circle)

Address: House number & street .....

Town ..... Postcode .....

Telephone ..... email .....

Date of birth ..... Age on race day ..... (Min age 15 years)

Affiliated Athletic Club or Unattached .....

I enclose a cheque for £..... or I have made an electronic payment of £..... on date .....

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be held liable for any injury, loss or damage caused by my participation.

Signed: .....

Date .....

Parent's signature for runners under 16