



The Poppy Run 5 miles Road Race



Start & Finish at:

The B-Hive

Punchbowl Lane, Boston, Lincolnshire

Sunday 11th November 2018

The Poppy Run Starts at 11.00am

Fast flat course * Adequate parking * First aid in attendance * Toilets
Marshalled course * Water Station

Prizes for the 5 mile race:

First men: Sen, Vet40, Vet50, Vet60 First women: Sen, Vet40, Vet 50, Vet 60

First men's team Senior/Vet combined First women's team Senior/Vet combined
3 runners to count per team

All finishers to receive a Poppy Appeal Medal

Entry Fees: Affiliated £15, Unaffiliated £17, Minimum Age 15 years.

Cheques made out to: Boston and District Athletic Club

Bacs. Payment: Lloyds Bank plc. Sort Code: 30-97-95 Account number: 00979085

Closing date 5th November or when 500 entries reached, strictly no late entries.

Enquiries: contact 01754 820623 or www.bostonanddistrictac.com

Entry forms to: Mrs. N Johnson, Paddock Way, Field Lane, Friskney, Boston, Lincs. PE22 8RL

**ALL PROFIT IN AID OF
THE ROYAL BRITISH LEGION POPPY APPEAL**

✂ -----
The Poppy Run 5 miles entry form (photocopies accepted)

Surname First name Male or Female (please circle)

Address: House number & street

Town Postcode

Telephone email

Date of birth Age on race day (Min age 15 years)

Affiliated Athletic Club or Unattached

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be held liable for any injury, loss or damage caused by my participation.

Signed:
Parent's signature for runners under 16

Date



The Poppy Fun Run For the Family

All ages welcome



Supporting the 5 mile Road Race

Start & Finish at:

The B-Hive

Punchbowl Lane, Boston, Lincolnshire

Sunday 11th November 2018

The Fun Run Starts at 10.00am

Poppy Fun Run approx 2 miles

No individual prizes as per UKA rules

Adequate parking * First aid in attendance * Toilets

Marshalled course * Water Station

All finishers to receive a Poppy Appeal Medal

Entry Fee: £5

Cheques made out to: Boston and District Athletic Club

Bacs. Payment: Lloyds Bank plc. Sort Code 30-97-95 Account Number 00979085

Closing date 5th November. No entries on the day.

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Telephone email

Date of birth Age on race day

Affiliated Athletic Club or Unattached

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Signed:

Date

Parent's signature for runners under 16