

### The Original Poppy Run 5 Mile Road Race

Fast flat course

Start/Finish at:

#### The B-Hive

Punchbowl Lane, Boston, Lincolnshire, PE20 3SB Sunday 9<sup>th</sup> November 2014 The Poppy Run Starts at 11.00am

Adequate parking \* First aid in attendance \* Toilets \* Water Station Marshalled course Prizes for the 5 mile race:

First Men Sen, Vet40, Vet50, Vet60 First Women Sen, Vet35, Vet45, Vet55 First men's team Senior/Vet combined First women's team Senior/Vet combined Only one individual prize per runner in the category entered 3 runners to count per team All finishers to receive a Poppy Appeal Medal

Entry Fee for 5 mile: £10. Minimum Age 15 years.

Please make cheques payable to: Poppy Run/Just Athletics Closing date 2nd November or when 250 entries reached, strictly no late entries. Enquiries: contact 01754 820455 or www.bostonanddistrictac.com Entry forms to: P Arnott, Fir Tree Cottage, Low Road, Friskney, Boston, Lincs, PE22 8SG

# ALL PROFIT IN AID OF THE ROYAL BRITISH LEGION POPPY APPEAL

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Entry form for The Original Poppy Run <b>5 MILE</b> road race			
Surname	Firstname	(please circle) Male or Female	
Address: House number & street			
Town	Postcode		
Tel (Home)	Tel (Work or mobile)		
Date of birth	email		
Age group	Age on race day	(Min age 15 years)	
Affiliated Athletic Club or Unattached			
Entry fee enclosed £			
I declare that I am medically fit to compete a any injury, loss or damage caused by my pa	and that I enter at my own risk. The organisers articipation.	s will not be held liable for	
Signed: Parent's signature for runners under 16	Date		
Etra	Supported by	THE ROYAL BRITISH LEGION	







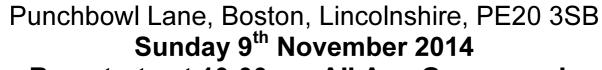


### The Poppy Fun Run for all the family

## **Supporting the 5 Mile Road Race**

Start/Finish at:

The B-Hive.



Fun Run starts at 10:00am. All Age Groups welcome

#### Poppy Fun Run approx 5 Km. Poppy Medal to All finishers

No individual prizes as per UKA rules

Adequate parking \* First aid in attendance \* Toilets \* Well Marshalled \* Water Station

Entry Fee for Fun Run: £5 with a closing date of the 7th November Entries on the day: £10.

Please make cheques payable to: Poppy Run/Just Athletics Enquiries: contact 01754 820455 or www.bostonanddistrictac.com Entry forms to: P Arnott, Fir Tree Cottage, Low Road, Friskney, Boston, Lincs, PE22 8SG

#### **ALL PROFIT IN AID OF** THE ROYAL BRITISH LEGION POPPY APPEAL

<del>/-</del>		
- (	The Poppy <b>FUN</b> Run	(please circle)
Surname	Firstname	
Address: House number & street		
Town	Postcode	
Tel (Home)	Tel (Work or mobile)	
Date of birth	email	
Age on race day	Athletic Club Or Unattached	
Entry fee enclosed £	or original control	
I declare that I am medically fit to compete and that I en any injury, loss or damage caused by my participation.	ter at my own risk. The organisers will n	ot be held liable for
Signed: Parent's signature for runners under 16	Date	



Supported by



